

# MATERIAL LIST SATURDAY, SEPTEMBER 27TH

## CATHY LORRAWAY - PASTEL WORKSHOP



Instructor: Cathy Lorroway

	Recommended	Covid or Limited supply options
Pastel	Any basic set of pastels will work so if you are a beginner, please work with what you have*. My preferred pastels include both hard and soft pastels. <b>Hard pastels</b> e.g. Nupastels or Rembrandt (purchased individually or as a set for the first layer) <b>Basic set of soft pastels</b> e.g. Sennelier 20 minipastel or halfstick set (softer pastel for top layers) or Unison Pastel starter set	Purchase pastel sticks individually light, med and dark of each colour. These differ in hardness & softness, size, shape and ratio of pigment to pumice stone. My go to favourites are Nupastel Blue Spruce and Terry Ludwig Eggplant
	Options: Jack Richeson, Diane Townsend, Girault	Some good basics include Red Cadmium red light, Blue cobalt or french ultramarine), yellow (Hansa Yellow) green (Sap Green, Bright Green Gold), orange (Cadmium), purple (Dioxazine Purple and Dark Eggplant purple), white (Titanium) and black. Mid grey
Pastel pencils Optional	Stabilo CarbOthello, Caran d'Ache, Derwent Pastel pencil sharpener, matt knife with sandpaper also an option	These can also be purchased individually. I use white charcoal, black charcoal and other colours for details and blocking in the sketch
Pastel Paper 1 piece 9" x 11" Or landscape format eg. 8" x 10"	Please note you have the option of working on paper or prepared board but my demo includes working with alcohol washes. Sennelier paper or Canson is not appropriate... Papers – Please work on a white or off white paper, cream coloured paper. Do not use black or grey. Sanded pastel papers havetooth and texture. The lower the number the higher the grit or tooth, good for more layers, higher number, good for fine detail. I like Uart 400 which can be purchased by Aboveground Art Supplies in Toronto. Pastelmat available at DeSerres is also good. Some technique and colour studies will be done on separate paper e.g. thicker drawing paper or multimedia paper eg. Dollarama DaVinci sketchbook paper with Tiger on the Cover works well.	You can buy larger pieces and cut them down to smaller sizes. Paper can be sold individually.
Medium	Alcohol 70-90%. Spectrafix also appropriate. A small jar with lid, a water container e.g. plastic yogurt container Please note we will not be spraying fixative in the class	70 - 90% alcohol available most drugstores.

Brushes	Soft brushes for working with pastel medium. Synthetic brushes are best. E.g. #6 from the Dollar store as the sanded pastel paper deteriorates brushes...	Dollarama brushes: Synthetic
	Variety of sizes of soft watercolour brushes to use for blending, stiffer bristle brushes for removing excess pastel dust. Eg. #6	Dollarama bristle brushes and soft brushes
Eraser	Kneaded eraser	
Paper stumps	Paper stumps in a variety of sizes	
Colour wheel	A colour wheel and greyscale finder are very helpful.	
Drawing supplies	Sketch book or newsprint, pencil, A black flexible tipped marker, white eraser, ruler for thumbnails and value studies	
Drawing Transfer Paper Optional	Saral Paper transfer. This is an option to transfer your drawing to your pastel paper. Avoid wax based transfer paper like carbon paper. You can also coat the back of your drawing with pastel.	
Easel supplies	Neutral coloured masking tape or painter's tape, bulldog clips to fasten your paper to your drawing board. A large pad of newsprint with two or three large clips works as a smooth surface to work over	Home Depot Masonite board
	Soft towel, toilet paper roll or rice to clean pastels	
Safety & Process	Barrier cream: e.g. Gloves in a Bottle (sold at Lee Valley and elsewhere), or Marvellous Marianne's Skin Safer Concentrated Barrier Cream or Close fitting latex gloves Soft cloths or paper towels Styrofoam meat trays to hold pastels while working. Cardboard, tinfoil etc. holder on your easel to catch dropping pastel dust. Plastic table cover to save your workspace Wet wipes and or towel to clean your hands	

**Other Notes:** \*Please note that unlike other art supplies, pastels don't really deteriorate with age, so if you happen upon a second hand set it could be a viable option.

- NB. Keep your pastels in their foam lined carrying cases for safety.
- Viewfinder, with a small opening to match tonal values is also invaluable for composing and matching values.
- Recommended to have piece of carpet or towels under where you will be working in case of dropped pastels